



Unit Plan Annual Narrative

Directions: Use the "Unit Plan Narrative Guide Sheet" to complete this planning form. Be sure that under each section, you write a narrative which discusses all elements listed under each heading. If a particular element does not apply to your area, note that within your narrative. Again, this form should be completed as a narrative, not bulleted.

Department/Unit: Health, Physical Education, Recreation and Dance

Unit Administrator: Eleanor Pitts

Date: July 10, 2006

A. Unit Description

- a. Connection of the unit to the institution's role and mission:
- b. Unit Achievements:
- c. Instructional Units within your division:

The HPERD program has provided health seminars, fitness programs and classes at a very affordable price for the students, staff, and community. Career opportunities have been created through training programs for life guards and internships with schools/recreation centers. Three HPERD majors graduated and 2 majors transferred during the summer 2006 to senior institutions. Also four LSCC HPERD majors graduated from four year institutions in 2006. 100% of the HPERD staff members were CPR certified. Enrollment increased in HED 231 (First Aid), health seminars, swimming and water aerobic classes. Community Water Aerobics enrolled 21 participants in the summer session. PED 100 students were introduced to fitness training as a career possibility. Summer First Aid class received a Red Cross certification on the new 2006 procedures.

B. Unit Effectiveness

- a. Staff Description:
- b. Instructional Effectiveness / Student Success:
- c. Support Services Connection & Resource Availability:
- d. Customer Service Ranking:

The HPERD program consists of two full-time instructors and three part-time instructors. Eleanor Pitts is a certified Red Cross CPR instructor, James Gibbs is a certified Personal Trainer and Leonard Maye is a certified Water Safety Instructor. 90% of the students enrolled in PED/HED classes passed with a "C" or above and there was an increase in the retention rate in students enrolled in classes. The Arthur Shores Fine Arts Building is used by the entire college and community for special educational and civic events. The facility is used by the Birmingham City Park & Recreation (2 lifeguard training sessions), JEFFCO Basketball Association (basketball/football official training site), LSCC summer programs (upward bound/NYSP) and Alumni associations.

C. Value Added

- a. Support of the unit to other program and units:
- b. Strengths:
- c. Areas Needing Improvement:
- d. Departmental or Unit Needs:

- d. Recommendations:

The HPERD program teaches students the basic concepts to maintain and improve physical, mental and social health that will enhance academic performance in other classes. The gymnasium provides students an outlet for relieving daily stressors. The department provides an excellent facility for wellness which includes specialized instructors in various certifiable areas such as swimming, aerobics, weight training, personal fitness and CPR/AED. The department utilizes the LSCC library, video's, tapes/CD's, and computers to enhance student learning. The department staff needs to improve in class scheduling, facility control and maintenance. The gymnasium needs renovations especially in the locker rooms, bathrooms and weight room. New furniture is needed for all offices and classrooms.

D. Projections

- a. Staff needs:
- b. Resources needs:
- c. Professional development needs:
- d. Other (if applicable):

A full -time instructor with no coaching duties is needed to enhance attendance in HPERD courses. Projectors, video cameras, computers, new weight equipment, and table/chairs for classrooms would enhance our program. Professional development that relates to the Health & Physical Education department is needed. Example: The department should have an opportunity to schedule an agency/speaker for a departmental workshop during some professional days instead of training in unrelated areas.

LSCC needs to revise the "Attendance Policy" for students for the purpose of financial aid and class grades. Also summer school registration needs to be after area high school graduation.